



## A Coach-Led Digital Program for Wellbeing Management

## For Large Group Fully Insured\*

As part of the Wellbeing Management packaging, Blue Cross and Blue Shield of Illinois (BCBSIL) offers an exciting coaching option, with no extra charge to members. You can provide your employees digital educational opportunities for diabetes management with Livongo. This supplemental remote care can be done in the comfort of the member's own home.

## Livongo - Diabetes Management Solution

Livongo is a consumer digital health company providing an end-to-end diabetes management program that combines a connected glucose meter with personal support by certified diabetes educators. Features include:

- Real-time personalized messaging on the Livongo connected blood glucose meter
- Certified diabetes educators available 24/7
- Member-initiated reporting to BCBSIL clinician or member's healthcare provider with blood glucose readings and trends to enable more focused conversations
- Instant interventions when blood glucose readings are out of range
- Optional notifications for high and low readings to give to loved ones and member-initated reports to providers
- Test strips and lancets at no extra cost, delivered right to the member's door
- Business reports on enrollment, activation and clinical outcomes

## **Member Eligibility**

To support the program, Livongo will receive a weekly file of eligible members. BCBSIL screens prior claims to identify members with diabetes and/or hypertension and provides only those members to Livongo. Members without prior claims can self-identify as having a covered condition when they enroll in the Livongo program and will be subsequently included in eligibility files.

<sup>\*</sup>Not available for Health Maintenance Organization (HMO) networks.

Livongo is an independent company that has contracted with Blue Cross and Blue Shield of Illinois to provide chronic disease management for members with coverage through BCBSIL. BCBSIL makes no endorsement, representations or warranties regarding third-party vendors and the products and services offered by them.

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