

#### **About OCC**

Olney Central College is a two-year public community college located on III. 130 across from the city park in Olney, Illinois.

Olney Central College offers a variety of educational opportunities with transfer degrees and technical programs that prepare our students for careers in today's competitive job market. Since its founding in 1963, OCC has been dedicated to providing students with a quality education at an affordable cost. OCC's small class sizes ensure our students receive one-on-one instruction from faculty members dedicated to their success.



OCC continues to receive recognition for its completion and graduation rates, earning it rankings as the No. 1 Community College in Illinois and one of the Top 150 Community Colleges in the nation.

In addition to its outstanding academics,

OCC offers students an active campus life. Students can participate in numerous clubs and organizations such as Student Senate and Phi Theta Kappa. Students can also attend athletic and other college-related events. The OCC Music Department includes Concert Band, Concert Choir and Jazz Ensemble, which are open to all OCC students, regardless of major.



### **OLNEY CENTRAL COLLEGE**

#### Our mission:

Our mission is to deliver exceptional education and services to improve the lives of our students and to strengthen our communities.

For more information:

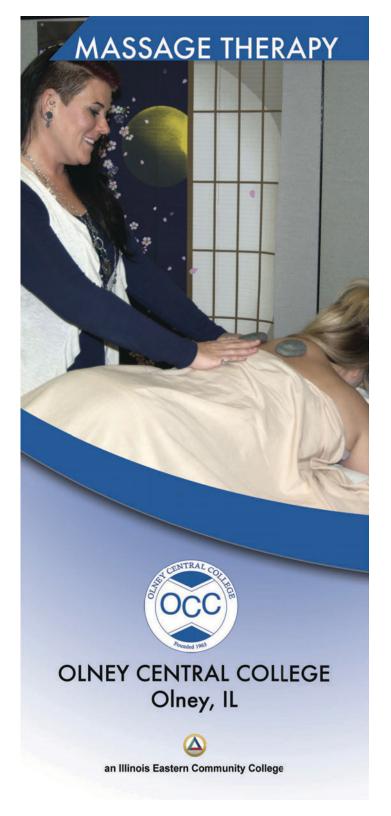
Phone: 618-395-7777 Toll Free: 866-622-4322

305 N. West St. Olney, IL 62450

For class listings and course curriculum for all programs, check out OCC online:

## www.iecc.edu/occ

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# **OLNEY CENTRAL COLLEGE**



## **MASSAGE THERAPY**



Massage therapy's popularity continues to increase as more people discover its health benefits, which include improved circulation along with a decrease in stress and anxiety, pain, and muscle tension.

Olney Central College's Massage Therapy Program provides students with the skills needed to work in the wellness area of professional massage therapy. Classes are offered in the evening and online, giving students additional flexibility. Massage Therapy is a part-time program, which takes two years to complete. New students are accepted in even-numbered years. The program is located at the West Richland Center, 320 East North Avenue in Noble. While enrolled in the program, students master Swedish massage techniques through in-class practice and clinicals. The clinicals, which are open to the public, provide practice with a variety of clients. Students also learn and practice other complementary therapies such as reflexology, sports massage, and hot stone massage.

Visit www.iecc.edu/occmassage for additional information and program requirements. The Massage Therapy Program complies with Illinois law and OCC policy; therefore, requirements are subject to change.

As the need for massage therapists grows, graduates will find many employment opportunities open to them in hospitals, chiropractors' offices, health care facilities, spas, vacation resorts, and cruise ships. Students can also choose to work as independent practitioners.

Upon completion of this program, students will be eligible to sit for the Massage and Bodywork Licensing Examination (MBLEX), administered by the Federation of State Massage Therapy Boards (FSMTB).